## Stelara (Ustekinumab)

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## **Clinic Location**

☐ Harbor Health Park Bend Clinic 2200 Park Bend Drive, Bldg. 2, Suite 204, Austin, TX 78758 P: (512) 270-2104 F: (512) 233-2288				
Patient Information	Referral Status: New Referral Updated Order Order Renewal			
Date: Patient Name:	DOB:			
ICD-10 code (required): ICD-10 description:				
☐ NKDA Allergies:	Weight (lbs/kg): Height:			
Patient Status: New to Therapy Continuing Therapy	Last Treatment Date: Next Due Date:			
Provider Information				
Referral Coordinator Name:	Referral Coordinator Email:			
Ordering Provider:	Provider NPI:			
Referring Practice Name:	Phone: Fax:			
Practice Address:	City: State: Zip Code:			
Supporting Documents/Information	(Please provide all of the following)			
Patient insurance information				
Patient medication list				
Supporting clinical notes (H&P) to support primary diagnosis:				
- TB results for both baseline and ongoing monitoring				
- Lab results for ongoing mandatory monitoring				
- Patient has active moderate to severe Crohn's disease or Ulc	erative Colitis			
- Who has failed or was intolerant to treatment with immuno	s active moderate to severe Crohn's disease or Ulcerative Colitis s failed or was intolerant to treatment with immunomodulators or corticosteroids but never failed treatment with a tumor			
necrosis factor blocker	d ongoing monitoring tory monitoring severe Crohn's disease or Ulcerative Colitis erant to treatment with immunomodulators or corticosteroids but never failed treatment with a tumor			
- or failed or were intolerant treatment with one or more TNF	F blockers			
- Patient has active psoriatic arthritis				
- Patient has moderate to severe plaque psoriasis who are candidates for phototherapy or systemic therapy				
Orders				
NURSING	THERAPY			
✓ Nursing care per Harbor Health Nursing Procedures and	Ustekinumab (Stelara) in 250ml 0.9% sodium chloride,intravenous			
Harbor Health Adverse Reaction Management Protocol.	infusion, use in line filter 0.2 micron			
• Dose: ☐ 260mg (2 vials) ☐ 390mg (3 vials) ☐ 520mg (4				
PRE-MEDICATION  → Frequency: single intravenous infusion (week 0)  → acetaminophen (Tylenol) → 500mg / → 650mg / → 1000mg PO  → Infuse over at least 60 minutes				
cetirizine (Zyrtec) 10mg PO	Flush with 0.9% sodium chloride at infusion completion			
☐ Ioratadine (Claritin) 10mg PO				
☐ diphenhydramine (Benadryl) ☐ 25mg / ☐ 50mg ☐ PO / ☐	Ustekinumab (Stelara) one-time intravenous infusion followed by subcutaneous dose 8 weeks later			
☐ methylprednisolone (Solu-Medrol) ☐ 40mg / ☐ 125mg IV	Initial Intravenous Dose: 260mg (2 vials) 390mg (3 vials)			
☐ hydrocortisone (Solu-Cortef) ☐ 100mg IV	520mg (4 vials)			
☐ Other:	• Frequency: single intravenous infusion (week 0)			
Dose:Route:Frequency:	Route: Intravenous			
	<ul> <li>Infuse over at least 60 minutes</li> </ul>			
	• Flush with 0.9% sodium chloride at infusion completion			
	Subsequent Subcutaneous Dose:   ☑ 90mg			

Harbor Health

• Frequency: subcutaneous dose at week 8 after week 0 intravenous dose and every 8 weeks thereafter

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Date:	Patient Name:		DOB:
Orders, con	t.		
THERAPY  Subcutaneou  Dose: 0.7  Frequency:  Maintenanc  Patient is requency: Refills: Zer	s ustekinumab (Stelara)  5mg/kg	.s 	
Special Inst	tructions		
NOTES:			
Provider Name (Pr	int).	rider Signature	Date: